

PK KB OVL 26: Session: 2: COACH evaluation sheet for TEAM: LZV

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Felies Jürgen

Coaches: Van Mieghem Evelien HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 200M BUTTERFLY MEN 13+ Heat:1, starttime: 14:00

Heat: 1/2 Lane : 4 Athlete: VAN ACHTER MAURO							Q-time: 02:51:92	
PB (25m pool): 02:49.80 T Rosco 20/10/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.31		01:20.73		02:07.05		02:49.80
	00:35.31		00:45.42		00:46.32		00:42.75	
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+ Heat:8, starttime: 14:20

Heat: 8/18 Lane : 7 Athlete: BOGAERT AMANI					Q-time: 01:11:01
PB (25m pool): 01:11.01 Durmehal 28/02/2026			PB (50m pool): 01:10.48 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.50		01:11.01	
	00:34.50		00:36.51		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+ Heat:9, starttime: 14:22

Heat: 9/18 Lane : 7 Athlete: GOOSSENS TARA					Q-time: 01:09:70
PB (25m pool): 01:08.32 Temse 23/12/2023			PB (50m pool): 01:11.01 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.32	
	no time				
					

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:6, starttime: 14:57	
Heat: 6/13 Lane : 8 Athlete: VAN ACHTER MAURO							Q-time: 02:44:31	
PB (25m pool): 02:44.31 Gent 23/02/2025				PB (50m pool): 03:07.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.10		01:17.75		02:07.91		02:44.31
	00:34.10		00:43.65		00:50.16		00:36.40	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:9, starttime: 15:06	
Heat: 9/13 Lane : 7 Athlete: VERHENNE TIM							Q-time: 02:34:72	
PB (25m pool): 02:34.72 Durmehal 28/02/2026				PB (50m pool): 02:42.68SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.31		01:14.35		01:59.62		02:34.72
	00:34.31		00:40.04		00:45.27		00:35.10	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:10, starttime: 15:09	
Heat: 10/13 Lane : 1 Athlete: FELIES JARNE							Q-time: 02:32:71	
PB (25m pool): 02:32.71 Lokeren 28/09/2025				PB (50m pool): 02:58.95 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.13		01:12.17		01:57.19		02:32.71
	00:32.13		00:40.04		00:45.02		00:35.52	
								

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:6, starttime: 15:32
Heat: 6/7 Lane : 7 Athlete: GOOSSENS TARA				Q-time: 01:23:02	
PB (25m pool): 01:23.02 Eeklo 06/04/2026			PB (50m pool): 01:23.85 SB: no time		
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:38.96		01:23.02	
	00:38.96		00:44.06		
					

Coach feedback:

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Event number: 13: 200M BACKSTROKE MEN 13+							Heat:3, starttime: 15:45	
Heat: 3/5 Lane : 5 Athlete: VAN LAERE JUUL							Q-time: 02:33:14	
PB (25m pool): 02:33.14 Temse 17/11/2025				PB (50m pool): 02:43.08SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.37		01:12.74		01:53.64		02:33.14
	00:34.37		00:38.37		00:40.90		00:39.50	
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+							Heat:9, starttime: 16:34	
Heat: 9/13 Lane : 8 Athlete: VAN LAERE JUUL							Q-time: 00:30:72	
PB (25m pool): 00:30.72 T Rosco 12/10/2025				PB (50m pool): 00:30.23SB: no time				
	2 5 M		5 0 M					
PB			00:30.72					
			00:30.72					
								

Coach feedback: